



Burlish Park Primary

My Life (PSHE)

Curriculum Overview

Year Group	Autumn	Spring	Summer
Reception	Me, you and us Healthy me	Looking after ourselves Looking after the world around us	Changes and growing up
Year 1	Feelings and Special People	Staying Safe Healthy Me	All Around Us Money Matters
Year 2	Different Types of Families Healthy Bodies	Feeling Included Healthy Minds	Caring for the Environment and Social Responsibility Water Safety
Year 3	Safety Online Celebrating Achievements and Being Resilient	Being Part of a Community Exercise	Stereotypes What I Like
Year 4	Nutrition and Dental Health Human Rights	Emergency Situations Respect	Money Matters Falling Out and Making Up
Year 5	Body Image Bereavement and Loss	Fake News Life in Plastic	Puberty Water Safety Changes in Friendships
Year 6	Drugs and Alcohol Education Sex Education	Mental and Emotional Health Global Sustainable Development Goals	E-Safety and Social Media Anti-social Behaviour and the Role of Police and the Law