MENTAL HEALTH STRATEGY Burlish Park Primary School 2023/24

Whole school programme Students Years Nursery – Yr 6 Parents/Carers Staff (LSCB level 1)

Mental Health Senior Leads and First Aiders trained
TISUK School
Motional assessments
Themed assemblies
PSHE 'MY Life' lessons PCSO Visits
Children's Mental Health Week
Nurture Team available to all students
Quiet spaces available for regulation
Pupil advocates for PP/vulnerable children
Staff & Student Voice activities – Surveys (e.g. Wellbeing & Social Media)
Staff CPD
Parental workshops signposted workshops and resources
Fortnightly newsletters include a MHWB section
Education Mutual
Wellbeing champions pupil group

Students involved –
EY
KS1
KS2
People involved –
Leadership team
PE/PSHE lead
Class teachers
Nurture team
SEND team
Trained Mental Health First Aiders: … Staff
Mental Health champions
School Nurse
Whole Staff
Parent/Carers
Education Mutual Staff

Tier 1 Provision (LSCB level 2)

Triage (Nurture/DDSL)/ 3 + drop in to Pastoral Team can lead to:

1. Weekly nurture sessions with a member of the team
2. Referral to Safeguarding Team (DSL/DDSL) or escalation to Tier 2 based on Triage Assessment.

Additional Tier 1 Provision:
Targeted Wellbeing Sessions
Breakfast Club
Burlish Bears/Munch and Crunch lunchtime provision
Nurture dog
Walks of Discovery
Sports Sanctuary
Targeted sporting events
Forest School sessions
Staff access to Wellbeing Counselling Services

People involved:
Safeguarding team
Leadership team
PE/PSHE lead
SEND team
Nurture Team
Breakfast Club team
Lunchtime club leads
All staff

Tier 2 Provision (LSCB level 3)

Supporting Families
Early Help Hub (incl. family support) via Children's Social Services L3
Individual session with the School Wellbeing Counsellors
Referral to WCF – EIFS WFH
Safeguarding and Mental Health Lead Rivers MAT
Referral to NHS Reach -4-Wellbeing referral for group CBT based work
KEMP bereavement support

People involved:
NHS Programme - Reach for Wellbeing Service
Wellbeing Counsellors
Clinical Psychologist employed by the school
KEMP Bereavement Counselling
School Nurse
MAT DSL/MHL

Tier 3 Provision (LSCB level 4)

Clinical Psychologist Referral (via SENCo)
Community Social Work phone consultation (via DSL)
Children's Social Services Referral (via DSL)
CAHMS Referral – CAST Consultation, Advice, Support and Training (Via DSL- MH or SENCO)

People involved:
Children's Social Services
CAHMS
Clinical Psychologist
Wellbeing Counsellors
KEMP Bereavement Counselling